

# Belegungsplan Wintersberger Halle 2013/2014

	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
	<b>Vormittag</b>				
09:00				09:00 - 10:45	
09:15				<b>Senioren-</b>	
09:30				<b>gymnastik</b>	
09:45				Eiblmeier	
10:00					
10:15					
10:30					
10:45					
	<b>Nachmittag</b>				
14:30					14:30 - 17:30
14:45					<b>Golden Girls</b>
15:00					Bart
15:15					
15:30					
15:45					
16:00					
16:15					
16:30					
16:45					
17:00					
17:15					
17:30					
	<b>Abend</b>				
18:00					
18:15					
18:30		18:30 - 19:45			
18:45		<b>Step Workout</b>			
19:00	19:00 - 20:00	Starnecker			
19:15	<b>Rückenfit</b>				
19:30	Führer		19:30 - 20:30		
19:45			<b>Bodystyling</b>		
20:00			Zirhut		
20:15					
20:30					
20:45					
21:00	Stand Oktober 2013				